

The Frontline: Navigating Team Wellbeing

In this special two-part series of The Frontline, we dive into a super important topic for LGBTI activists: what happens when concerns around wellbeing shift from the individual to the collective in our organisations.

Podcast, Wellbeing

Joining us to discuss the ins and outs organisational wellbeing us are three expert guests who bring diverse perspectives and deep experience in the field: Nino Kharchilava from <u>WISG, Georgia</u>, who will share her insights on wholistic security and care management; Suranee Abesurya, the Executive Director of <u>Rainbow Mind, UK</u>, bringing the perspective of clinical professionals; and Elvira Meliksetyan, a wellbeing trainer from <u>FrontLine Defenders</u>, who brings hands-on professional knowledge in fostering organisational health.

In part one, **Understanding Organisational Health**, we start at the very beginning, by looking at what organisational wellbeing actually means, and exploring how we identify group wellbeing needs. Then in part two, **Fostering a Healthy Environment**, we delve into the solutions and strategies that can be put in place to foster a supportive and healthy environment for everyone in our organisations.