

## The Frontline: The LGBTI Activist Wellbeing Challenge

Wellbeing challenges have been affecting the work of the LGBTI movement for decades, but it is only recently that activists have begun talking about their wellbeing as an issue.

Podcast, Civil Rights and Freedom, Health, Community Organising

While a number organisations and groups have already taken concrete steps to address wellbeing, there's no golden rule on how to approach these challenges. In this episode we share what ILGA-Europe has been doing to support the wellbeing of the movement.

Joining us to talk about the distinctive approaches they've used to tackle wellbeing issues for their teams are David Kakhaberi, the executive director of <u>Equality Movement in Georgia</u>, and Eka Tseriteli, executive director of <u>Women's Initiatives Supporting Group</u>, also in Georgia.

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